

COURSE: DEFENSIVE DRIVING TRAINING

SCOPE AND APPLICABILITY:

This course is intended for workers who drive as part of their job requirements, such as delivery drivers and outside sales personnel, as well as for the average worker who commutes back and forth to work. This training session will focus on traffic laws and “common sense” defensive driving.

REGULATIONS & STANDARDS

- National Safety Council Defensive Driving Safety Training - USA;
- UN Peacekeeping PDT Standards 1st Edition 2009;
- World Health Organization (WHO);
- Centers For Disease Control and Prevention (CDC);
- Code of Federal Regulations, United States of America.

COURSE CONTENT:

1. To Be a Defensive Driver;
2. Driving Hazards;
3. Weather Conditions;
4. Lighting Conditions;
5. Avoid Crashes;
6. Overtaking and Maneuvering;
7. Blind Spots;
8. Driving Impairments;
9. Vehicle Maintenance;
10. Collisions;
11. Traffic Rules And Common Sense;
12. Carrying Loads;
13. Preventions and Common Sense;
14. The Golden Rules of Defensive Driving.

COURSE DESIGN:

TOTAL: 4 hours

PREREQUISITE(S):

Previously have a driver's license.

MINIMUM/MAXIMUM NUMBER OF DELEGATES

This course requires a minimum of 1, and a maximum number of 12 trainees.

MAIN SAFETY ISSUES:

- Always wear a seat belt;
- Be aware of your surroundings;
- Do not speed;
- Cut out distractions;
- Maintain your vehicle in good condition;
- Follow traffic rules and obey signs and signals;
- Know how to respond to an accident;
- Do not drive under the influence of substances;
- Pay attention.

CERTIFICATION:

Training certificate signed by responsible Safety Engineer accredited Certification.

CERTIFICATE VALIDITY PERIOD:

Recommended: 2 years.